

Specialist training to help you get it right for staff facing bereavement

At St Catherine's Hospice our specialist care doesn't end when someone dies. We are here for families and loved ones to help them through bereavement, offering practical and emotional support in a variety of ways.

But inevitably death and bereavement are part of life - touching everyone at some point and of course not only in connection with a hospice. That's why we have introduced a bespoke new training course targeted at HR teams and management, which aims to equip and empower senior colleagues to be able to offer the right support to their teams if and when they are faced with bereavement.

It's part of our commitment to developing compassionate communities across Central Lancashire, where people feel confident and able to support friends, colleagues and neighbours at the end of life and during bereavement. We understand that supporting a grieving person can seem a challenging task, and even with the best intentions managers can struggle to know what to say or how to approach it.

This course shares the skills of effective communication to help you handle these sensitive situations. Investing in this training will build the confidence of relevant staff in dealing with such issues and enhance the wellbeing of your employees - in turn boosting team morale across the organisation. In short, it shows you care about your staff when they're facing what is often one of the toughest times in their life.



Bespoke training for your business which puts your staff at its heart

This training package will help your organisation have a positive impact on employees currently experiencing the loss of a loved one or facing an imminent bereavement.

We will look at your own policies and procedures to gain an understanding of your company and the practices you have in place, in order to tailor our advice to best suit you and your business.

The course comprises a half day's training split into the following sections:

- **An introduction to bereavement and grief - what this means to different people**
- **Communication skills - how to approach difficult conversations with employees**
- **Existing policies and procedures - bereavement/special/compassionate leave, what these are and how your organisation practices these**
- **Actions that you can take to support bereaved colleagues**

The cost is £295 per session. We recommend up to ten attendees and this price is fully inclusive of course material, delivery and all other expenditure.

For more information or to make a booking please contact our Knowledge Exchange team:

Email: education@stcatherines.co.uk

Call: 01772 629171

“This session has given me more confidence to speak to and ‘help’ bereaved friends, family, and colleagues. I don’t want to be one of those people who “crosses the road” for fear of making mistakes”.