

Donate a day to make a difference to your local hospice

Supporting St Catherine's Hospice doesn't have to be about money – one of the most valuable things a business and its staff can give is the gift of their time or expertise.

Corporate volunteers make a wonderful contribution to the work of the charity and there are many different ways people can get involved. Opportunities include:

- Sharing specific skills or expertise with the hospice for a particular campaign or project
- Helping to maintain the grounds of St Catherine's Park: Cleaning, weeding, painting and planting etc. (March to December)
- Assisting with our mailshots: Stuffing envelopes with newsletters and other materials to help spread our latest news (March and September)
- Lending a hand at our fundraising and community events: Setting up/taking down; manning stalls; stewarding (June/July and December)
- Working in our café The Mill: Serving customers; clearing tables and washing up (year-round)



Rewarding roles which benefit colleagues and teams

The contribution of corporate volunteers throughout the year makes a real difference to the work of the charity - from ensuring our grounds are looking their best for patients and visitors, to raising vital funds to ensure our services can continue. Seeing the tangible difference a day volunteering can make ensures it's a rewarding experience for those involved.

Volunteering at the hospice is also a great team-building exercise for colleagues, and gives employees the chance to experience something different to their usual day job. All corporate volunteers receive a structured plan for their day at the hospice. This ensures the staff who are generously giving up their time to help us get the most out of the experience. Lunch is provided, and there is also the opportunity to hear from different members of the St Catherine's team about the work of the hospice or take a tour of our facilities if that is of interest.

It may be that staff members or teams cannot be spared away from the workplace at the same time. We also welcome individuals as ad-hoc corporate volunteers whose employers offer them chance to use a certain number of hours or days each year to volunteer for a charitable organisation of their choice.

"Working with St Catherine's gave us a sense of purpose, teamwork and achievement. Whatever job we have been doing, we have always been made to feel that we make a difference to the patients and the staff." Steve Blackburn, Zebra Technologies Europe Ltd

For more information about corporate volunteering or to make arrangements for your staff or colleagues to volunteer with us please contact:

Email: volunteering@stcatherines.co.uk **Call:** 01772 629171

"As well as helping with pain and symptoms, our St Catherine's nurse was somebody to talk to, somebody to understand. She allowed me to talk about things, which is a huge part of that process."

Margaret, whose husband Gordon was supported by St Catherine's at home