

St Catherine's
hospice care



www.stcatherines.co.uk

01772 629171

@StCatherinesPre

St Catherine's Hospice: A guide to our services

Supporting people to have quality
of life, to the end of life

ENGLISH version

What does St Catherine's Hospice do?

St Catherine's Hospice provides palliative and end-of-life care to adults living in Preston, Chorley and South Ribble who have life-shortening illnesses.

We offer support from diagnosis, and can be in contact with patients for weeks or months depending on their individual needs. We can also support families in the longer-term in a range of ways.

We provide specialist symptom and pain management to help people feel comfortable and to live well at every stage of their journey.



What is palliative care?

Palliative care involves providing specialist medical and clinical care alongside psychological, social and spiritual support for people and their family or carers. This is called a holistic approach, because it focuses on the 'whole' person, not just on the illness.

Where is care provided?


St Catherine's provides highly individualised care at the hospice in Lostock Hall, where people may spend days or weeks. Many people return home or to another place of care, such as a care home, after a short time at the hospice, once their symptoms and medication are under better control.

Our nurses also visit people in their own homes, providing specialist care and support for patients and families within our communities. They are called Clinical Nurse Specialists and often work in conjunction with a GP and district nurses to ensure care is coordinated.

We also hold outpatient clinics for people to attend appointments with our consultants.

Is the hospice where people go to die?

Some people spend their final days at the hospice, where we ensure they are comfortable and continue to have dignity, independence and choice as



much as possible. However, it is important to understand that many people come to the hospice for a short time before returning home or to another place of care. Hospices are not just places where people go to die.

Who can access the care and support of St Catherine's?

We support adults with life-shortening conditions such as cancer, motor neurone disease, COPD and heart failure, to name a few. Our care is provided unconditionally regardless of age, gender, sexual orientation, religious or cultural belief.

Are St Catherine's services provided free of charge?

Yes. St Catherine's Hospice is a charity and we provide all of our services free of charge. We receive some funding from the NHS but the majority of our funding comes from donations and other charitable efforts from our community.

How do I access the care of St Catherine's?

The referral process for accessing services at St Catherine's Hospice varies slightly depending on the nature of a person's condition and the type of care needed.

Broadly speaking, people must always be referred to St Catherine's by a healthcare professional such as a GP, hospital doctor, district nurse, or a Clinical Nurse Specialist.

When are people discharged from St Catherine's services?

If a person's current palliative care needs are being met, they may be discharged from our services.

This happens following discussions with the patient and their family, and in agreement with other healthcare professionals. We work closely with everyone involved to ensure continuity of care once a person is discharged, so they continue to receive the most appropriate level of care for their individual needs.

People may be referred back to our services in the future if the need arises.

For more information about our discharge process, please ask to see a copy of our booklet 'The discharge process explained: A guide to help you plan for your future care' which is also available on our website.

What other support does St Catherine's provide?

We offer a range of psychological and practical support to patients as well as their families and loved ones, including support for carers, and bereavement support.

How do I find out more?

Please visit www.stcatherines.co.uk for more details about all of our services, which can be translated into hundreds of languages.

Alternatively, please speak to your GP or community nurse who will be able to put you in touch with someone from St Catherine's Hospice.

