



St Catherine's  
hospice care

# St Catherine's Hospice at Home

The team is part of St Catherine's Hospice - a local registered charity which is here to help people experience quality of life, to the end of life.

Registered charity No: 512186

[www.stcatherines.co.uk](http://www.stcatherines.co.uk)

01772 629171

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**St Catherine's Hospice at Home provides hands-on care, and practical and emotional support for adults living with life-shortening illnesses in Preston, Chorley and South Ribble.**

The service helps to support and enable people to be cared for in their own home if this is their wish.

## **Who is St Catherine's Hospice at Home for?**

Adults (age 18 years and older) with life-shortening illnesses who would otherwise be required to stay in hospital. The service ensures rapid access to care at home, where a patient's choice and individual needs are considered as a priority.

We appreciate that some people wish to stay in their own home as they approach the end of life. Our aim is to give families more confidence and choice in managing their illness, by providing extra comfort, support and advice when it's most needed, and by helping to avoid unwanted stays in hospital.

## **Who will come to my home?**

Care will be provided by nursing assistants employed by St Catherine's Hospice, working in partnership with your district nurses, and your general practitioner. In some cases, a St Catherine's Clinical Nurse Specialist may visit for more complex pain, symptom and medication management, or a St Catherine's Hospice Support Assistant to help with symptoms such as breathlessness and fatigue. This will be discussed with you on an individual basis.



## What care is provided?

The service provides assistance with personal hygiene, mouthcare, pressure area care, and positioning.

St Catherine's Hospice at Home also aims to support family members, carers, and others involved in your care, enabling them to continue their input whilst accessing emotional support. The team provides practical advice and psychological support to help reduce stress and anxiety for you and your loved ones.



## How else can the Hospice at Home service help?

The team acts as a key link between patients, families and health professionals. One of our goals is to support and promote comfort, dignity and choice at the end of life, to help people achieve their wishes and prioritise what's most important to them in their final weeks and days.

## What is the district nursing team responsible for?

Your first point of contact is still your district nurse. St Catherine's Hospice at Home works to the care plans developed between you, district nurses, and your main carer.

The district nursing team remains responsible for the administration and management of injectable medications, wound dressings, and urinary catheter changes, for example.

## What hours does the service operate?

8am-10pm every day. The length and frequency of a visit will depend on the help required but will be up to a maximum of four visits per day. Any support required outside of these hours will be provided by your district nurses or other organisations.

## What happens next?

Most patients will be under the service for up to 72 hours whilst a permanent care package is established, when a comprehensive handover will be given by the Hospice at Home team to the new care provider.

Where a person is felt to be deteriorating more quickly and possibly entering last days of life, these people may continue to be supported by Hospice at Home rather than being discharged from it.

## Where can I get more information?

For any more information about the services and support provided by St Catherine's Hospice for people with life-shortening illnesses and their families, please visit [www.stcatherines.co.uk](http://www.stcatherines.co.uk) or call 01772 629171.

If you would like more information about what we do with your data, please ask for a copy of our booklet entitled 'What we do with information about you' or visit our website at [www.stcatherines.co.uk](http://www.stcatherines.co.uk)

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